



5 SESSIONS PITCHING CLINIC



Softball Saskatchewan is implementing Softball Canada’s new National Pitching Program, the CANpitch program! It was created to provide a nationally standardized curriculum based on Softball Canada’s Long-Term Player Development (LTPD) framework to introduce and develop the skill of windmill pitching to players. This program is designed for the FUNdamentals stage, the Learning To Train stage, and the Training To Train stage. **Please note: we are offering this clinic to 8-16 year olds.**

The program will run in **Regina** on the following Sundays: March 4th, 11th, 18th, 25th, Apr. 1st, 2012, from 11:30am – 4:30pm. Please note there are **5 different 1 hour sessions, therefore the player will be assigned a 1 hour session during that time slot each week!** Groups will be between 5-7 players per instructor.

Instructors: Todd McCulloch – has been a Softball Saskatchewan Skills Clinician for the last 6 years and is currently the Pitching coach of the University of Regina Softball Club. This past season was very successful for Todd as he led the 2011 Western Canada Summer Games Boys team to a Gold medal! He was also recommended and accepted by Softball Canada to become a Master Pitching Instructor for Softball Saskatchewan.
Shirrae Muhr – Shirrae’s has played an integral role on the success achieved by the University of Regina Cougars Softball team and Regina Extreme Softball Club over the last 3 years. Shirrae also attended Galveston College on a Softball Scholarship. Shirrae has been a pitching instructor for Softball Saskatchewan for the last 3 years.

Please remember to bring: a person to catch for you that isn’t in the clinic, clean indoor shoes, ball glove; filled water bottle (no soft drinks please). An indoor ball will be provided for you to use at the clinic.

A confirmation letter will be sent out after the registration deadline with group time and location. For faster response please include your email address on the registration form.

Registration Fee for the 5 sessions is \$70.00 (non-refundable) made payable to Softball Sask. with a completely filled out registration form. For more information – please contact Jacqueline or Nicole at the Softball Saskatchewan office @ 780-9235 or info@softball.sk.ca Registration will only be upon payment. **Everyone must pre-register through the office.**

Please Fill out the following form and send it in with your registration fee of \$70.00 (non-refundable) to Softball Saskatchewan @ 2205 Victoria Ave. Regina, SK S4P 0S4.

Regina _____ Male _____ Female _____

Please circle what year you were born in:
2003 2002 2001 2000 1999 1998 1997 1996 1995

Have you ever pitched before? _____ How many years? _____ Have you taken any pitching clinics before, if yes which one (ie. CANpitch)? _____

NAME: _____ Parent/Guardian: _____

ADDRESS: _____ Town/City: _____ Postal Code: _____

Phone: H) _____ W) _____ Email: _____

BIRTHDATE: day _____ month _____ year _____ Medical Concerns: _____

Return by February 20th, 2012 to: **Softball Saskatchewan
Pitching Clinic
2205 Victoria Ave. Regina, SK., S4P 0S4**